

## Dr. Murray Townsend

*CCO Council District 5 Candidate*

I am asking for your vote in the CCO election in District 5 and I would appreciate your support.

My current efforts reflect my desire to contribute to the profession that has provided for me and my family. Most recently, I have been a non-Council member of the Discipline Committee at the CCO since 2019. I have participated in several hearings, including chairing a hearing and sitting on a panel for a contested hearing. These experiences have allowed me to work with many Council members, both professional and public.



Following graduation from Canadian Memorial Chiropractic College in 1996, I initially participated in research that was published in JCCA, Spine and CMAJ. I then began practicing in Clinton where I had been a patient since I was a child. In 1999, I relocated to practice in Arthur, and then Mount Forest where I continue to practice with my wife, Dr. Michelle Gross (CMCC 1999).

I've had many mentors and family that actively contribute to and invest in their community. As such, I made commitments to improve the town I live in, and our shared profession. I served as an executive member of the Mount Forest Business Improvement Area, fulfilling duties as Chair during a major Main Street restructuring and beautification project in conjunction with our Municipality. This experience taught me valuable lessons in preparedness, problem solving when under pressure, and effective communication. I have been a 25-plus year member of the Mount Forest Curling Club, serving a term as President and instructing Learn to Curl and Junior programs. The organizational skills required and the ability to relate to various age groups and personalities translate well to what is necessary at the Council table.

Aside from my time on the Discipline Committee, I have participated in several advocacy efforts with the OCA and presenting at conferences, promoting our experiences with collaborative practice involving the local physicians and nurse practitioners (Collaborative Practice Study Between Physicians and Chiropractors in a Primary Care Reform Setting- CMCC/UofT), and the local Family Health Teams and community providers (Ontario Primary Care for Low Back Pain Program). My experience includes a Certificate from the University of Toronto for Educating Health Professionals in Interprofessional Care. I continue with chiropractic research; planning and participating in CMCC's "Implementation of the MAINTAIN instrument for patients with spinal pain" trial regarding maintenance care.

At this point in my career and personal life, I have the time and opportunity to give back to our profession in a meaningful way.

I'm asking for your vote on March 14, 2025 as the District 5 CCO Council Member. I would be pleased to communicate with you about any questions you may have. I can be reached at [drmtownsend@mountforestchiropractic.com](mailto:drmtownsend@mountforestchiropractic.com) or by calling 519-323-2960.