

# Summary of Continuing Education and Professional Development Requirements

Version Date: February 21, 2025

The following chart summarizes the continuing education (CE) and professional development requirements for CCO members in the General class of registration. For more details, please review [Standard of Practice S-003: Professional Portfolio](#). If there are any inconsistencies between this chart and any CCO legislation, regulation, standard of practice, policy and guideline, the legislation, regulation, standard of practice, policy or guideline will govern.

<b>Become Registered with CCO</b>
<b>Attend Regulatory Excellence Workshop Prior to Registration or Within First Year of Registration</b>



<b>Every Full CE Cycle or Two Years (July 1 – June 30, even years)</b>		
<b>Step 1</b>	<b>Step 2</b>	<b>Step 3</b>
<b>Complete within first three months of CE cycle</b>	<b>Complete within CE cycle</b>	<b>Complete by December 31<sup>st</sup> of the year CE cycle ends</b>
<a href="#">Self Assessment</a> (1.0 or 2.0) and Self Assessment Plan of Action Summary (for Self Assessment 1.0)	<b>40 hours of CE (based on Self Assessment, Peer and Practice Assessment, Professional Interests)</b>  ✓ <b>20 Hours of Structured CE</b> <b>Two mandatory elements of Structured CE:</b> <ul style="list-style-type: none"> <li>• Five hours on diagnostic or therapeutic procedures related to any of the controlled acts within the chiropractic scope of practice</li> <li>• Maintaining emergency first aid + CPR Level C + AED</li> </ul> ✓ <b>20 hours of Unstructured CE</b>	Log CE hours in the <a href="#">member portal</a> and submit to CCO



<b>Every Three CE Cycles or Six Years Starting July 1, 2022 – June 30, 2028</b>	<b>Every Three CE Cycles or Six Years Starting July 1, 2024 – June 30, 2030</b>
Attendance at a CCO Regulatory Excellence Workshop (virtual or in-person)	5 hours of structured activity that primarily focused on an in-person hands-on or hand-held instrument adjustment or manipulation activity