

Ministry of Health
Ministry of Long-Term Care

Ministère de la Santé
Ministère des Soins de longue durée

Strategic Policy, Planning & French
Language Services Division

Division des politiques et de la planification
stratégiques, et des services en français

Health Workforce Regulatory
Oversight Branch

Direction de la surveillance réglementaire relative aux
ressources humaines dans le domaine de la santé

438 University Avenue, 10th floor
Toronto ON M5G 2K8

438 avenue University, 10^e étage
Toronto ON M5G 2K8

Tel.: 437-213-7921

Tél.: 437-213-7921

DATE: August 8, 2022

MEMORANDUM TO: Registrars and Executive Directors
Health Regulatory Colleges

FROM: Allison Henry
Director
Health Workforce Regulatory Oversight Branch

RE: Rowan's Law: Information for Health Care Providers

I am writing to you on behalf of the Ministry of Health to inform you about *Rowan's Law (Concussion Safety), 2018* ("*Rowan's Law*"), and the removal-from-sport and return-to-sport protocol requirements that came into effect on January 1, 2022.

To support the implementation of the removal-from-sport and return-to-sport protocols, the Ministry of Health has developed a *Rowan's Law: Information for Health Care Providers*, which is available on the government's Concussions Webpage:

<https://www.ontario.ca/page/rowans-law-concussion-safety>.

- EN: <https://www.ontario.ca/page/rowans-law-information-health-care-providers>
- FR: <https://www.ontario.ca/fr/page/la-loi-rowan-information-pour-les-prestataires-de-soins-de-sante>

This Information Sheet will increase awareness among health care providers regarding *Rowan's Law*, what the requirements are, and also provide resources/links to support their work. I ask health regulatory colleges to share this information with your respective members.

Under the *Rowan's Law*, sport organizations must comply with a number of requirements to help prevent and mitigate brain injuries such as concussions in sports. Among these provisions is the requirement for sport organizations to have removal-from-sport and return-to-sport protocols for its athletes. Athletes who have sustained a concussion, or are suspected of having sustained a concussion, must be removed from

further training, practice, or competition, and cannot return to full participation in amateur competitive sport until medically assessed and cleared by a physician or nurse practitioner.

For additional information and updates regarding *Rowan's Law*, please visit <http://www.ontario.ca/concussions>.

Thank you,

A handwritten signature in blue ink that reads "A. Henry". The signature is written in a cursive style with a large, looped initial 'A'.

Allison Henry