

Julia Viscomi, B.Sc. (Hons.), D.C.

Candidate for CCO Electoral District: 4



Hello! To those of you who don't know me, my name is Julia Viscomi and I am seeking your support for the 2021 CCO election in District 4.

I quickly fell in love with chiropractic when my father, a chiropractor, asked me to work for him when I was 18. Although I stayed quiet about my new passion, my father evidently picked up on this. It was not long before I was invited to observe initial visits, to view radiographs, and to engage in discussions of differential diagnoses. The knowledge I gleaned from those next seven years certainly still shapes my clinical practice today. Thirsty for more, I sat in on several classes at CMCC, shadowed other chiropractors, spoke with chiropractic interns, and, yes, stole my father's textbooks. After deciding I had done my due diligence, I was confident that chiropractic was the right career path for me.

I will be the first to admit that I am not the most decorated candidate you will come across; though I have been on the CMCC admissions panel in the past and while I am a CCEB volunteer yearly, I have never taught at CMCC, and besides being a member of the CCO, OCA, and CCA, I have no political affiliations with them. I believe this to be beneficial to members, as I represent the average Ontario chiropractor whose private practice is the sole focus of their career.

It is my opinion that a collaborative, multidisciplinary approach to patient care yields the best patient outcomes. I apply a biopsychosocial and evidence-informed approach to my own practice, which I strongly believe to be the future of all health care. I am just as happy to provide short-term care to patients seeking only relief from acute pain as I am providing preventative and/or supportive care. I believe, as conservative musculoskeletal health care practitioners, that both models of care are equally valuable to the public; as long as patients are provided the opportunity to have a thorough two-way discussion of their options, we have done our duty ethically and honourably.

Having practised in both Alberta and Ontario over the past eight years, I have been subject to several different approaches to regulation. While practising in Alberta, I lectured occasionally at the University of Calgary and led several lunch-and-learns for large corporations. I would love the opportunity to draw upon my experiences in Alberta to help better serve Ontario chiropractors and, by extension, Ontario chiropractic patients.

"Chiropractors who are elected will reflect their commitment to the public's right to safe, effective and ethical chiropractic care." I firmly believe it is a privilege to be self-regulated; one that should not be taken for granted. As such, I am committed whole-heartedly to the mandate of the CCO; that is, to protect the public by practising chiropractic competently and ethically, as guided by our standards of practice and scope of practice.

It is my hope that my fresh perspective, drive, and evidence-informed approach to care qualify me as an attractive candidate to represent Ontario chiropractors in District 4. I kindly ask for your vote and thank you for your consideration. Should you have any questions, please feel free to call or email me at any point in time.

Sincerely,

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